

## 125th Eglinton parkrun 25th July 2015

A glorious morning for running and 146 runners turned up on the day with nine of them from our club.

Joe McNamee 1st MV55-59  
Mike Flinn 1st MV60-64  
Susan Rhodes 1st WV55-59  
Liz Colquhoun  
Bob Nicol  
Charlene McGilvray  
Ian McManus  
Angela Brown  
Jaymee Brown

We had two PB's on the day with Liz Colquhoun having her fifth PB out of a possible seven and Jaymee Brown having her third consecutive PB. Well done girls. Mike Flinn became the third member of our club to complete 100 Parkruns with Jim White and John Surgenor being the others. John only got there last week. Congratulations to Mike. Here's to your next 310 miles old bean. On the day we also had two of our members help out with the stewarding and they were Jennie Jackson and Ross Laye. Well done and many thanks to all who represented our club on Saturday.